

CARIZON

Inspiring Hope + Wellness in Our Community

Parents/Caregivers can use the Consultation Appointment for support with:

- Child's behaviour
- Accessing & Navigating Community Resources i.e., Mental Health/ Counselling/ Financial/ Recreational
- Home routines and structure
- Child's social/ emotional struggles
- Understanding Mental Health Issues/ diagnosis and strategies to manage.
- Monthly parent workshops are also offered to address topics that are meaningful to you.

**Your Community Resource Worker is:
Peggy Humphries**

pumphries@carizon.ca

226-8081829

COMMUNITY RESOURCE CONSULTATION

Did you know Community Resource Consultation appointments are now being offered at your school by a Community Resource Worker (CRW) from Carizon?

With this service Parents/Caregivers have an opportunity to speak with a CRW to brainstorm resources, services and interventions that support the current needs of the children and/or family during a confidential 60-minute Consultation appointment at the school.

Consultation appointments are available at: (St. Bernadette's) on (Thursdays) at 9, 10, & 11am.

Parents/Caregivers can sign up for an appointment time in the School Office, or by texting or emailing the CRW directly.

School Personnel can sign a parent/caregiver up for an appointment (with their consent) in the School Office sign up book.

(519) 743-6333

www.carizon.ca

info@carizon.ca

Head Office: 400 Queen St., S., Kitchener, ON., N2G 1W7